



Class Schedule for:
 Baldwin - 830B Atlantic Ave, NY 11510 (516) 771-1717

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00-10:00am Spin Jodi	6:00-7:00am Spin Patti D		6:00-7:00am Spin Jodi			8:30-9:30am Spin Erica
		9:30-10:30am Spin Patti M		9:30-10:30am Spin Patti M		
	6:30-7:30pm Spin Olivia		6:30-7:30pm Spin Patti D			
		7:30-8:30pm Spin Dawn		7:30-8:30pm Spin Tara		



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Club Hours:

Open 24 hours weekdays / Open 5:30am Monday till **11 pm** Friday
Saturdays open **7am** till **8pm** / Sundays open **7am** till **8pm**

Day Care Hours:

AM: Mon - Sun 8:00am -12:00pm
PM: Mon - Thurs 5:00pm - 9:00pm

Questions/ Comments: Pmorris@synergyfitclubs.com

* All classes subject to change without notice