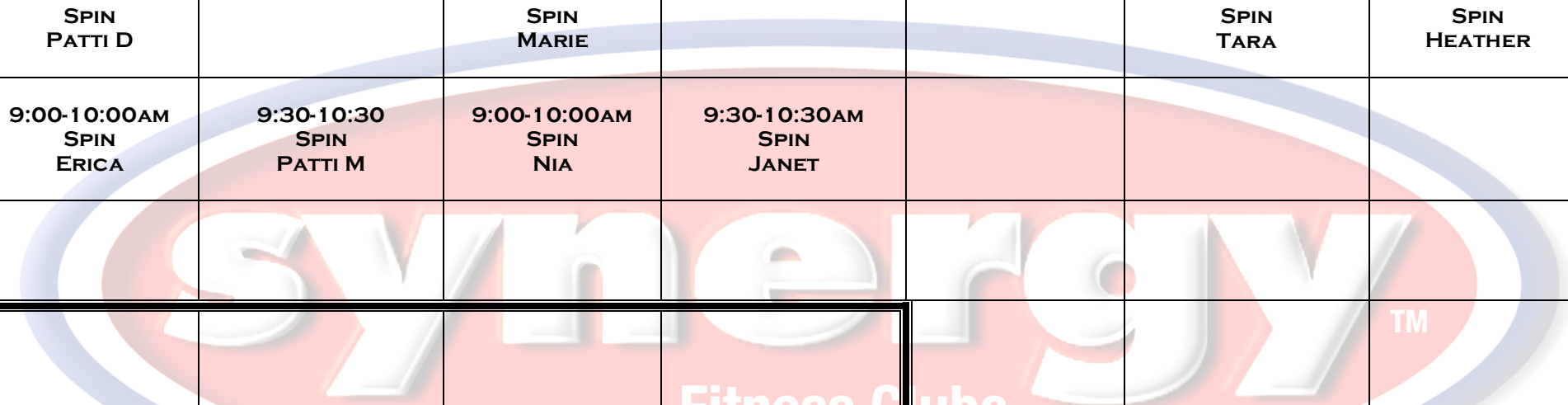


# SPIN STUDIO SCHEDULE — SYNERGY BALDWIN (516) 771-1717

| MONDAY:  | TUESDAY                       | WEDNESDAY                      | THURSDAY                      | FRIDAY   | SATURDAY                    | SUNDAY                          |
|--|-------------------------------|--------------------------------|-------------------------------|--|-----------------------------|---------------------------------|
| 6:00-7:00AM<br>SPIN<br>PATTI D   |                               | 6:00-7:00AM<br>SPIN<br>MARIE   |                               |  | 8:30-9:30AM<br>SPIN<br>TARA | 9:00-10:00AM<br>SPIN<br>HEATHER |
| 9:00-10:00AM<br>SPIN<br>ERICA  | 9:30-10:30<br>SPIN<br>PATTI M | 9:00-10:00AM<br>SPIN<br>NIA    | 9:30-10:30AM<br>SPIN<br>JANET |  |                             |                                 |
|  |                               |                                |                               |  |                             |                                 |
|  |                               |                                |                               | <p><b>HOURS OF OPERATION:</b><br/> <b>MON 5:30AM- FRIDAY 11:00PM</b><br/> <b>24 HOURS</b><br/> <b>SAT &amp; SUN 7:00AM-8:00PM</b></p> <p><b>QUESTIONS &amp; COMMENTS:</b><br/> <a href="mailto:pmorris@synergyfitclubs.com">pmorris@synergyfitclubs.com</a></p> <p><b>CHILD CARE HOURS:</b><br/> <b>MON- SUN 8:00 AM — 12:00PM</b><br/> <b>MON- THUR 5:00PM — 9:00PM</b></p> |                             |                                 |
| 6:30-7:30PM<br>SPIN<br>VAL   |                               | 6:30-7:30PM<br>SPIN<br>PATTI D |                               |  |                             |                                 |
|  | 7:30-8:30PM<br>SPIN<br>DAWN   |                                | 7:30-8:30PM<br>SPIN<br>DAWN   |  |                             |                                 |

All classes subject to change without notice.